

Associated Yacht Clubs  
52nd Annual Carson Cup Regatta  
Jolly Roger Sailing Club  
Sunday, June 23, 2019

**SAILING INSTRUCTIONS**

1. **RULES:** The Regatta will be governed by the rules defined in the current Racing Rules of Sailing, 2017-2020.
2. **NOTICETO COMPETITORS:** Any changes to the sailing instructions will be posted on the official notice board no later than 11:00 am the day of the regatta. The official notice board is located at the side entrance to the JRSC clubhouse.
3. **SIGNALS MADE ASHORE:** Signals made ashore will be displayed from the JRSC flagpole in front of the clubhouse. Code Flag AP with 2 sounds (1 sound when lowered) means the race is postponed. DO NOT leave the harbor. The warning signal will be made not less than 45 minutes after the AP is lowered. This changes RRS Race Signals.

4. **SCHEDULE OF EVENTS:**

8:00 am – 10:30 am	Registration and Continental Breakfast
11:00 am	Skippers' Meeting
11:55 am	Warning Signal for first race of the day
	Subsequent races will be held as soon as possible. When All boats in each class have finished another race will be started immediately. As many races as possible will be run with no races starting after 4:00 pm.
5:00 pm	Food and Awards

5. **START AND FINISH LINE(S):** The start and finish line will be between the staff displaying the RC flag on the Signal Boat and the starting mark. This line will be closed and should be treated as an obstacle that cannot be crossed. Boats sailing through this line except when they are starting or finishing will be scored DSQ without a hearing. This changes RRS Appendix A 5.

6. **The Start:** All starts will use the 3-minute sequence per RRS Appendix U-3.

The 3-minute starting sequence is as follows:

<b>3 minutes before the start</b>	<b>3 long sounds</b>	<b>Class Flag Raised</b>
<b>2 minutes before the start</b>	<b>2 long sounds</b>	
<b>1.5 minutes before the start</b>	<b>1 long, 3 short sounds</b>	
<b>1 minute before the start</b>	<b>1 long sound</b>	
<b>30 seconds before the start</b>	<b>3 short sounds</b>	
<b>20 seconds before the start</b>	<b>2 short sounds</b>	
<b>10 seconds before the start</b>	<b>1 long sound</b>	
<b>Followed by a short sound at 5, 4, 3, 2, and 1 second before the start</b>		
<b>The Start will be signaled by 1 long sound</b>		<b>Class Flag Lowered</b>

7. **COURSES:** There will be 2 racecourses on the Ottawa River. The 420 course will be located in front of the JRSC docks and northeast. The Opti course will be located southwest of the JRSC docks toward the Robert C. Young bridge. All races will be windward-leeward course or triangle format with the starting and finishing line in the center of the windward leg. The Signal Boat will indicate whether the course is to be sailed once around by displaying "1" from a board on the Signal Boat, or a "2" for twice around, or a "3" for the triangle course.

**Course #1 = Windward, Leeward, Finish**

**Course #2= Windward, Leeward, Windward, Leeward, Finish**

**Course #3= Windward, Gybe Mark, Leeward, Finish**

8. **MARKS:** C-420's will sail to a **yellow** windward mark, then to a **yellow** leeward mark.  
**Opti's** will sail to an **orange** windward mark and the **yellow** leeward mark. The gybe mark will be a yellow **inflatable**.  
The start / finish marks will be a **flag on a staff**.
9. **SCORING:** The Low Point scoring system of RRS Appendix A will apply. If four or more races are sailed, the highest finish will be discarded. One completed race will constitute a regatta.
10. **TROPHIES:** Trophies will be awarded to the top 3 finishers in each class.
11. **PROTESTS:** Protests shall be delivered to the race chairman no later than 30 minutes after the race committee Signal Boat docks. Hearings will be held in the clubhouse as soon as possible. The protesting boat shall notify the Signal Boat of its intent to protest immediately after finishing the affected race.